



Racial Justice Resource List

Quick Reads/Articles

- [Is This the Beginning of the End of American Racism?](#) – Ibram X. Kendi (20 mins)
- ["You Can't Achieve True Health Equity Without Addressing Racism" - Part I](#) – Ronald L. Copeland (KP's Chief Equity, Diversity, and Inclusion Officer) (5 mins)
- [Racism and discrimination in health care: Providers and patients](#) – Monique Tello (5 mins)
- [How Structural Racism Affects Healthcare](#) — Niran S. Al-Agba (5 mins)
- [America is Failing Its Black Mothers](#) – Harvard Public Health (10 mins)
- [How 'Indian Relocations' Created a Public Health Crisis](#) – Melissa Walls and Linda Poon (8 mins)
- [A history of anti-Hispanic bigotry in the United States](#) – Marie Arana (9 mins)
- [The long history of racism against Asian Americans in the U.S.](#) – PBS (5 mins)
- [White Privilege: Unpacking the Invisible Knapsack](#) – Peggy McIntosh (12 mins)

Peer-Reviewed Articles

- [Confronting Bias and Discrimination in Health Care – When Silence is Not Golden](#) – Lisa A. Cooper, Mary Catherine Beach, and David R. Williams
- [The Associations of Clinicians' Implicit Attitudes About Race With Medical Visit Communication and Patient Ratings of Interpersonal Care](#) – Lisa A. Cooper et al.
- [Long-term reduction in implicit race bias: A prejudice habit-breaking intervention](#) – Patricia G. Devine
- [Understanding and Addressing Racial Disparities in Health Care](#) – David R. William, et al.
- [The Black-White disparity in pregnancy-related mortality from 5 conditions: differences in prevalence and case-fatality rates](#) – Myra J Tucker
- [Racism and Health: Evidence and Needed Research](#) – David R. Williams
- [The yellow peril revisited: the impact of SARS on Chinese and Southeast Asian Communities](#) – Carrienne Leung

Documentaries/Videos

- [Systemic Racism Explained](#) – Act.TV (4 mins)
- [Unnatural Causes...is inequality making us sick?](#) – NACCHO (7 episode series, ~30 mins each)
- [The Birth and Growth of Racism against Mexican-Americans](#) – PBS (2 mins)

Podcasts/Radio

- [How to Be an Antiracist](#) – Brené Brown with Ibram X. Kendi (1hr 2 mins)
- [How Racism Makes Us Sick](#) – David R. William, Ted Talk's TedMed (17 mins)
- [Black Mothers Keep Dying After Giving Birth. Shalon Irving's Story Explains Why](#) (12 mins)
- [Troubling History In Medical Research Still Fresh For Black Americans](#) (7 mins)
- [Radical Imagination – Policy Link](#) (various episodes, ~30 mins each)
- [Patent Racism](#) (25 mins)

Take Action

1. [Racial Bias Test](#) – this will help you understand what your biases are for yourself.

2. [Racial Healing Handbook](#) – these are practical activities to help you challenge privilege, confront systemic racism, and engage in collective healing.
3. [Sum of Us Discussion Guide](#) – list of questions to guide conversations on Heather McGhee’s Sum of Us book.

Books

- [Sum of Us: What Racism Costs Everyone and How We Can Prosper Together](#) – Heather McGhee (465 pages)
- [How to Be an Antiracist](#) – Ibram X. Kendi (624 pages)
- [Me and White Supremacy](#) – Layla F. Saad (256 pages)
- [Fatal Invention – How Science, Politics, and Big Business Re-create Race in the Twenty-first Century](#) – Dorothy Roberts (400 pages)
- [The Social Life of DNA: Race, Reparations, and Reconciliation after the Genome](#) by Alondra Nelson (216 pages)
- [The New Jim Crow](#) – Michelle Alexander (352 pages)
- [Between the World and Me](#) – Ta-Nehisi Coates (176 pages)
- [White Fragility](#) – Robin Diangelo, PhD (192 pages)
- [The Immortal Life of Henrietta Lacks](#) – Rebecca Skloot (480 pages)

Additional Resources & Lists

- [Racial Justice Resources](#) – UNAC/UHCP
- [COVID-19 and Social Justice](#) – David R. Williams

COVID-19 & Racial Health Disparities

- [The COVID Racial Data Tracker](#) – The Atlantic
- [The Fullest Look Yet at the Racial Inequity of Coronavirus](#) – The New York Times
- [Health Disparities: Race and Hispanic Origin](#) – CDC
- [NPR Short Wave: Coronavirus and Racism Are Dual Public Health Emergencies June 5, 2020](#)